



NOVEMBER 2018

# THE VILLAGE VIEW

## FROM THE EXECUTIVE DIRECTOR

**Jane Eleey**



Dear Friends of Penn's Village,

As I write this column for the inaugural issue of our new Penn's Village Newsletter, the season of harvest is finally upon us with its promise of cooler days and longer, cozy evenings. I hope you are as ready as I am to take a hiatus from the heat and humidity and are looking forward to participating in some of the Penn's Village fall and winter events listed in the Program Calendar on pages 3 and 4.

In addition to Penn's Village services and programs, we are always interested in identifying new resources on aging and topics that might be of interest.

I was delighted when Marianne Waller, a Penn's Village member and volunteer, recently described to me two free online sites that you might enjoy.

The first is the Elder Orphans Facebook Page, an online community of thousands of folks over fifty-five. This page discusses issues important to aging by asking questions, providing helpful information/suggestions, and supporting and encouraging each other. The page founder, Carol Marak of SeniorCare.com, defines an Elder Orphan as an individual without a spouse, partner, or children who live nearby. Conversations range from topics such as healthcare planning to dealing with stressful situations to celebrating special occasions alone. Learn more about Elder Orphans from the Philly.com article posted on the Penn's Village Facebook page, or you can join the group by searching Facebook for Elder Orphans and requesting membership.

The second resource is "Time Goes By: What It's Really Like to Get Old." This is a blog written by former New York television producer Ronni Bennett that can

be subscribed to at [www.timegoesby.net](http://www.timegoesby.net).

In a 2005 Washington Post article, reporter Jennifer L. Huget described Ronni's site as "the quintessential seniors' blog." Her posts generate conversations among her followers and she recently started including weekly pieces written by her readers. Posts are topical, interesting, thought provoking, and often filled with tongue-in-cheek humor. Check it out!

If you know of any resources or have program ideas that you think would be of interest to Villagers, please let us know.

Warm regards,  
Jane

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## November 2018

| Sunday                                              | Monday                                                                    | Tuesday                                                                                                                                            | Wednesday                                              | Thursday                                                                                                                                                                                  | Friday                                                                 | Saturday                                       |
|-----------------------------------------------------|---------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|------------------------------------------------|
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| <b>4</b><br>Philadelphia Art Museum Craft Show      | <b>5</b>                                                                  | <b>6</b><br>Election Day                                                                                                                           | <b>7</b><br>Penn's Village: Organize Your Digital Life | <b>8</b><br>Central Library Senior Center: Preview Virtual Reality<br>~~~<br>Penn's Village Program Committee Meeting                                                                     | <b>9</b>                                                               | <b>10</b><br>Vanilla Cupcake Day               |
| <b>11</b><br>Veteran's Day                          | <b>12</b>                                                                 | <b>13</b><br>World Kindness Day<br>~~~<br>Farnese Symposium on Aging in Place at Drexel University<br>~~~<br>Penn's Village Event: Lunch and Books | <b>14</b>                                              | <b>15</b><br>Central Library Senior Center: Preview Virtual Reality<br>~~~<br>Ralston House: Preventing Falls<br>~~~<br>Penn's Village: Financial Advising at the Trinity Memorial Church | <b>16</b><br>Penn's Village Marketing Communications Committee Meeting | <b>17</b>                                      |
| <b>18</b><br>Last Day of the Chrysanthemum Festival | <b>19</b><br>Penn's Village Event: The Silver Binder at Rittenhouse Plaza | <b>20</b><br>Penn's Village Board Meeting                                                                                                          | <b>21</b>                                              | <b>22</b><br>Thanksgiving<br>~~~<br>Philadelphia Thanksgiving Day Parade                                                                                                                  | <b>23</b><br>Black Friday Shopping                                     | <b>24</b>                                      |
| <b>25</b>                                           | <b>26</b>                                                                 | <b>27</b><br>Rittenhouse Square Christmas Tree Lighting                                                                                            | <b>28</b>                                              | <b>29</b><br>Ralston House: Know the 10 Signs of Alzheimer's                                                                                                                              | <b>30</b>                                                              |                                                |

## FROM THE PROGRAM COMMITTEE



*Above photo of Dr. Eugene Park's talk about the history of North Korea on September 17*

The program committee is dedicated to enriching the lives of Penn's Village members with delightful and informative talks. Four programs in September were attended by over 100 members and volunteers. The Silver Binder program continues to be very popular, helping us to put all of our important documents and wishes in one place. Due to demand, the program will again be offered at a Center City high rise in November.

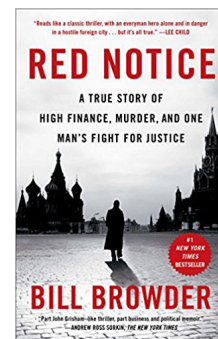
Dr. Eugene Park's talk about the history of North Korea offered insight into many details which are not often discussed in mainstream media. While we often hope for reunification of countries divided by war, Dr. Parks maintains it would be unrealistic for North and South Korea to become one country after more than 60 years of socio-economic disparity. If North Korea were to open its borders to the rest of the world through tourism, its population would enjoy a greater quality of life, with improved transportation, health and food supply. It may also change the image of North Korea to be seen as less hostile and isolated than its current stance. North and South Korea might then become friendly neighbors.

We look forward to a dozen more unique presentations before the end of the year. Save the date of **November 15** for a talk by **Ed Slott about How to Protect Your Retirement Savings** and **December 12** for **Fall Prevention-How to increase your strength, balance and walking tolerance**. All upcoming programs will be announced via email, so keep your eye out for the "just for fun" programs too!

## THE MEN'S GROUP

The Men's Group was formed in the spring of 2018. It is currently comprised of 11 men who meet every two weeks to discuss issues and concerns of the day. Group topics were originally based on articles in the Sunday Inquirer in order to jump-start discussion, however, discussions are now free-flowing and range from supporting the concept of open primaries to mini-concerts by some of their musician members. Membership is currently closed; however, if there is additional interest, a second group may be formed.

## LUNCH & BOOKS



The Book Club's first event will be held on **Tuesday, November 13 at 12:00 pm**. It will take place at Positano Coast, 212 Walnut Street.

The pay-your-own-way casual lunch will be followed by discussion of the book, *Red Notice: A True Story of High Finances, Murder, and One Man's Fight for Justice* by Bill Browder. *Red Notice* is a real-life political thriller about an American financier (Browder) in the Wild East of Russia, the murder of his principled young tax attorney (Magnitsky), and his dangerous mission to expose the Kremlin's corruption. The Book Club plans to meet every two months at various local restaurants.

***We are happy to announce the launch of two new social groups for Penn's Village members:  
Lunch & Books and The Men's Group.***

*Call 215-925-7333 or email [info@pennsvillage.org](mailto:info@pennsvillage.org) if you are interested in The Men's Group or Lunch & Books*



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## HOW HEALTHY ARE YOUR BONES?

How can osteoporosis and subsequent fractures, especially of the hips, spine and wrists, be prevented? Should you take supplemental calcium? What about vitamin D?

During the last 2 months, three of my good friends tripped and fell on the streets of Center City. One major shiner, two scraped knees, several crooked fingers and a real honest-to-goodness fracture resulted. Fortunately, there was only one fracture, but according to national medical data, 1 in 2 women and up to 1 in 4 men over age 50 will suffer a broken bone because of osteoporosis. Fixing the streets of Philadelphia would be a start, but until that happens, how can we make sure that if we do fall, a rainbow of colors is the most serious consequence?

Bones are living, growing tissue that consist mostly of the protein collagen, which provides a soft framework, and calcium phosphate, which together with vitamin D adds strength and hardens the framework. Bones are constantly being formed, especially during childhood and adolescence. After the age of 30, bone resorption slowly overtakes bone formation.

Osteoporosis develops when there's an abnormal imbalance between bone resorption and formation — that is, resorption occurs too quickly, or formation too slowly.

Anything that causes your body to destroy too much bone can cause your bones to become brittle or fragile. This is common in women following menopause. It occurs in people who have chronic illness, those whose diets are deficient in protein or calcium, as well as in sedentary individuals and those who are not exposed to sunlight. Sunlight is an essential factor for the synthesis of Vitamin D by the body. Other rare conditions, some of them genetic in origin, as well as certain medicines, can also result in osteoporosis.

Fortunately, there is a way to measure the mineral density of bones and to determine what steps one should take to prevent fractures. Based on your history, your physician can determine whether you should have such a study and which one of the dual energy X-ray absorptiometry (DXA or DEXA) tests is appropriate for you. However, according to public health recommendations, there is no benefit to screening for vitamin D deficiency in individuals without osteoporosis or those who have not had fractures.

The term “Osteopenia” describes bones that are not weak enough to be considered osteoporotic and can readily be treated with weight-bearing exercise, adequate intake of calcium and vitamin D, and other lifestyle measures.

Medical calcium supplementation began to appear in the 19th century

and, unlike calcium from dietary sources, appears to increase the risk of kidney stones. Calcium supplementation is recommended when there is not enough in the diet. However, adults generally receive adequate daily calcium from a diet ample in dairy products and green vegetables, as well as certain foods to which calcium has been added, such as orange juice and soy milk products.

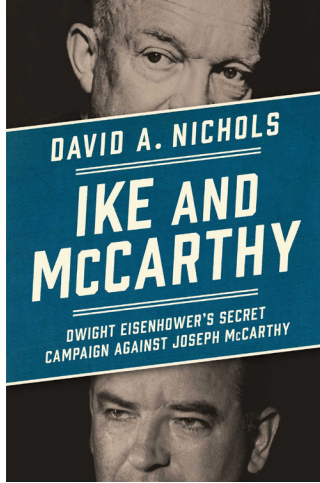
There is also no evidence that supplemental vitamin D alone or with calcium reduces the number of fractures in individuals who do not have osteoporosis. Although there is no evidence that vitamin D increases the incidence of harmful side effects when taken alone, there is evidence of an increase in kidney stones when it is taken with calcium.

If you are diagnosed with osteopenia or osteoporosis based on the results of a DEXA scan, your physician should assist you in determining whether treatment with exercise or diet as well as other lifestyle changes is insufficient to prevent fractures. Supplemental calcium, vitamin D or other medications that are known to improve the health of your bones may be prescribed.

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## LITERARY SPOTLIGHT

### A Review of *Ike and McCarthy: Dwight Eisenhower's Secret Campaign Against Joseph McCarthy* By David A. Nichols



Could my Jewish mother really be wrong? November 4, 1952 was a night of bitter tears at our house. To her shock, Americans did not share her conviction that the articulate and professorial Adlai Stevenson should be president. Eisenhower buried him in a historic landslide. My mother never forgave the winner. To her, Eisenhower was a confused bumbler more interested in improving his golf game than in running the country.

For decades, it seemed that the nation's most distinguished historians, biographers and journalists agreed with her. In recent years however, a new Eisenhower has emerged. As the author and scholar David Nichols documents so well in this cogent and entertaining book, Eisenhower was never really the simple Kansas farm boy with the enchanting grin that he pretended to be.

Perhaps we shouldn't be surprised that this man, who worked successfully with Roosevelt, Churchill and De Gaulle among others, was really a cool strategist, master manipulator and a big picture thinker.

Joseph McCarthy was a Wisconsin Republican who was elected to the U.S. Senate in 1946. He spent the first four years of his term drifting aimlessly, searching for an issue that would win him media attention. In 1950, while speaking to a Republican women's club in West Virginia. He finally found the springboard to fame that he was searching for. The U.S. Department of State was honeycombed with Communists and McCarthy held their names in his hands. As we now know, the Wisconsin Senator was incredibly careless with his facts. The number of Reds ballooned one day and shrank the next.

Eisenhower loathed McCarthy, but felt that he could not confront him directly because his congressional majorities were so small. Working behind the scenes and allowing subordinates to take the heat, Ike did everything he could to undercut and sabotage the Wisconsin Senator. Eventually, McCarthy foolishly attacked the U.S. Army. This resulted in televised hearings that dragged on for days. Caught in the hot, unblinking eyes of the TV cameras, Joe McCarthy was exposed as a bully and a coward. He melted faster than the Wicked Witch of the West.

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## FOCUS ON FILM

***The Bookshop*:** Directed by Isabel Coixet | Based on a novel by Penelope Fitzgerald  
A British-Spanish Co-Production

Florence Green is a widow with what should be a simple, obtainable dream. She wants to open a bookshop in the tiny seaside town of Hardborough, which hasn't had one in decades. However, as Ms. Green (Emily Mortimer) soon discovers, in a town small enough for everyone to know everyone else's business, it's easy to upset the applecart. The local Grand Dame, Violet Gamart (a deliciously evil Patricia Clarkson) has a dream of her own. She longs to be a patron of the arts and covets the house where Florence has opened her business as the site of her arts center-to-be. Working through a network of local spies and informers, Violet does everything she can to encourage Florence to move her business, or better yet, to simply leave town.



*Continued on next page*

Florence, a straight-forward, non-schemer, who wants to think well of everyone, doesn't really understand what she is up against. A key theme of this lovely small film is the importance of friendship and the fact that in the right circumstances, those who seem unlikely allies, can emerge as true friends if given the chance. And it is here that Edward Brundish, (the unforgettable Bill Nighy) reveals himself to be far more than the gossiping locals have ever imagined. This film includes one of the most unexpected and affecting love scenes in recent British cinema. While the tone and tenor of this color film is very different from 1945's Brief Encounter, That is what came to mind as this scene unfolded. Human beings, as we know, are deeply flawed. Yet, as this film makes clear, the near-universal need for affection, acceptance and to be part of something larger than ourselves is also part of our human inheritance.

Penn's Village volunteer, **Mario Oropeza**, will be profiled in a new **WHYY** program, **Second Wind**, for his encore career as a glass windows artist in December. See the WHYY preview [here](#).

Mario is co-chair of the program committee and the developer/facilitator of The Silver Binder presentation, which highlights ways to organize and safeguard personal information for self and others in a time of need.

## NEW MEMBER WELCOME

### Meet Helene Silberg



Meet new member Helene Silberg, a vivacious, friendly, warm woman with a great sense of humor. Helene describes herself as a level-headed, fair, optimistic, and organized.

Helene and her husband joined Penn's Village as Villagers at the suggestion of their daughter after she informed them about the organization. Both of them wanted to take advantage of the many services offered.

Helene believes that Penn's Village is a lovely organization with a deep concern for people. She noted that whenever the Village can help, it does. She and her husband often use the transportation services. Helene stated that the drivers are punctual and safe; they always make sure her seatbelt is fastened. She is impressed that her other service requests have been met so promptly and cheerfully.

Helene was born in Northeast Philadelphia and went to Northeast High School. When she met her husband, Don, at a New Jersey Jewish social function, she said to her girlfriend, "I'm going to marry

him," and she did! They have now been married for 53 years.

Five years after they were married, they moved to Holland, PA. and then moved to Center City in 1992. Don was in the industrial supplies business for four decades here in the city. For a short time, Helene was a book-keeper at Klein's Department Store.

The couple are well-traveled, but Israel remains the highlight. They had a house on the French side of St. Maarten for 20 years before it was destroyed by a hurricane. They still have a condo in Margate, New Jersey. Helene has always loved going "down the shore."

Helene is a founding member of Shir Ami Synagogue. She enjoys concerts, art museums and informational programs. She loves the theater! She and Don especially enjoy going out to dinner and celebrating special occasions.

Helene also paints watercolors. Colorful flowers are her favorite subject matter as they remind her of her gardening days. She loves animals and still misses their poodle, Chrissy.

Helene would like everyone to know that, "Penn's Village is worth joining; it provides excellent services and the volunteers are worth getting to know because they're special."



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## MEET OUR VOLUNTEERS

### Eileen Glass - A Lifetime of Helping



Wife. Mother. “Bubbe”. Educator. Social worker. Entrepreneur. All titles that can be rightly claimed by Eileen Glass, Volunteer Coordinator for Penn’s Village.

Eileen married her Brighton Beach High School sweetheart, Harry, almost 54 years ago, and has spent her adult life giving back. Along the way, Eileen and Harry instilled that same sense of generosity in their two children: son, David [50], a psychologist/lawyer and daughter, Kerith [48], a psychologist/art therapist, who are, happily, keeping the ball rolling and teaching their children, two for Kerith and three for David, the many rewards of selflessness.

After graduating from Brooklyn College with a degree in education, Eileen and Harry married and promptly set off for Des Moines, IA, so that Harry could continue his medical studies at the College of Osteopathic Medicine and

Surgery [renamed Des Moines University]. Applying for a teaching position at local area schools, one interview took her to a suburban location that had cows lying on the building grounds. The surprise and discombobulation of this made Eileen realize that, “Seeing such an alien sight, this was not going to work for cement city-raised me.”

Due to her New York City experience she was placed in a segregated elementary school where she remained for the next three years. At the time, most teachers were “spinsters,” when Eileen became pregnant with David, she was quick to explain to the faculty that she would be leaving the school before the pregnancy was noticeable.

Leaving the Midwest and now raising baby David, Eileen and Harry lived in northern New Jersey while Harry got his anesthesiology career going in Philadelphia and two years later Kerith arrived.

Though becoming a teacher first, Glass had always wanted to be a social worker. “My parents wanted me to do something safe because, at the time, the image of social working was perilous...unclean, rundown environments, illiterate, ‘crazy people’ with weapons..all stereotypes of course.” She achieved her heart’s

desire in 1981, securing an MSW from Rutgers University when Kerith was eleven.

Then living in Cherry Hill, NJ, and with degree in hand, Eileen applied to Pennsylvania Hospital to begin her life of giving back. While working with dialysis patients, she met life-long friend, colleague, and co- social worker Elisabeth Doolan—another PV volunteer. In addition to helping these patients, they noticed that the medical professionals involved with patient care were also experiencing grief and getting little help coping with it. They broadened their caseloads.

While at Penn, Glass and Doolan met Howard M. Nathan, President and CEO, The Gift of Life Donor Program. [Headquartered in Philadelphia, TGOL is the largest organ procurement organization (OPO) in the United States, serving eastern Pennsylvania, southern New Jersey and Delaware.]

Over time, Nathan realized, “Grieving donation families received a thank you letter and not a lot of or no other follow up.” In tandem, Eileen and Elisabeth took this realization a step further and developed Toward Tomorrow. Nathan stated, “Toward Tomorrow [Glass and Doolan] were hired as consultants [to TGOL] in, I believe, 1991, and they were pioneers.

*Continued on next page*

It was a unique program and the first in the United States to do this for families.” This included corresponding to, from, with and between donor and recipient families running interference to keep initial anonymity through the grieving process. “At first there was little communication, but today there’s around 12,000 a year and we’ve got four, not two, full time social workers.”

Eileen recounted an incident that happened during this time, “Fifteen years ago when the Gift of Life had a new building dedicated, I attended. While I was smiling and chatting, a woman came up to me and said, ‘You may not remember me, I’m Lilian, from Hershey? You saved my life.’ Her son, who had been a child when they met and was now grown said, ‘And you gave me mine.’ It was wonderful to hear. How many times in your professional life---heck, life---do you get acknowledgement of a ‘job well done?’” Indeed.

Now both retired, Harry from medicine and Eileen from [paid] social work, they are hardly at a standstill. For pleasure they spend time at their home in Ocean City, visit with Kerith and family in Haddonfield and with David and family in California. They are making plans and are about to travel to Asheville, NC, for some hiking and sightseeing. Have a good time!

## THANK YOU TO OUR BUSINESS SPONSORS

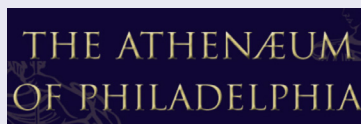
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[claudia@elfantwissahickon.com](mailto:claudia@elfantwissahickon.com)

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# ALL AROUND TOWN

## Local Events and Activities for November 2018

How lucky we are to live in Center City Philadelphia, a free bus-ride away from so many enriching activities. This column will highlight nearby places you can visit to see shows, concerts, plays, exhibits, and special events.

Check with the specific venue for exact dates, location, and fees. Many have day-time and weekend programs. Here is a sampling for November. Let us know your favorites.



**PBS Alert (WHYY in Philadelphia)** *Great Performances* has announced the programming for its *Broadway's Best* series, scheduled to air Fridays from November 2-23 at 9pm on PBS. Don't miss November 2 – *American in Paris*. Check your TV schedule for exact date and time.

### COMMUNITY THEATER

#### Louis Bluver Theater

Temporary home to Exile Theater Company and others

#### Drake Proscenium Theater

Home to Inis Nua Theatre Company  
11th Hour Theater Company and others

#### Lantern Theater

*The Heir Apparent*  
(November 9-December 16)

#### Ego Classic Theater at the Latvian Society

*A Human Being Died That Night*  
(Until November 11)

#### 1812 Productions at the Play & Players Theater

*This is the Week That Is*  
(November 23-December 31)

#### Philadelphia Theater

Company at  
Suzanne Roberts Theatre  
*Sweat*

(Now until November 4)

#### The Arden Theatre

*A Doll's House Part 2: A Modern Retelling*  
(Begins November 24)

#### Walnut Street Theater

*Matilda the Musical*  
(November 6-January 6)

#### Walnut Street Theater

*The Winter Wonderettes*  
(November 13-December 30)

#### The Wilma Theater

*Mr. Burns, A Post-Electric Play*  
(Now until November 11)

#### The Wilma Theater

*Ballet X*  
(Fall Season runs November 28 – December 9)

### EXHIBITS

#### Philadelphia Museum of Art

Annual Craft Show at the Pennsylvania Convention Center  
(November 1-4)

#### Philadelphia Museum of Art

*And Europe Will Be Stunned*  
A film trilogy by Yael Bartana, at the Perelman Building  
(Now Through January 1)

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## THE KIMMEL CENTER CULTURAL CAMPUS

### Philadelphia Museum of Art

*Biting Wit and Brazen Folly: British Satirical Prints, 1780s–1830s*  
(Now through December 5)

### The Barnes

*Berthe Morisot, Woman Impressionist*  
(Now through January 14)

### The Barnes

*Lecture – Berthe Morisot and the Painting of Modern Life*  
(November 17, 11:30)  
Reservations required:  
215-278-2700

### Pennsylvania Academy of Fine Arts

*Rina Banerjee: Make Me a Summary of the World*  
(Now through March 31)

### National Museum of American Jewish History

*The Art of Rube Goldberg*  
(Now through January 21)

### African American Museum Cotton

*The Soft, Dangerous Beauty of the Past*  
by Philadelphia born and bred photographer John Dowell  
(Now through January 21)

### Museum of the American Revolution

*Hamilton Was Here: Rising Up in Revolutionary Philadelphia*  
(Now through March 31)

### Academy of Music

*Roald Dahl's Charlie and the Chocolate Factory*  
(November 6-18)

### Merriam

*Chinese Warriors of Peking*  
(November 2)

### Merriam

*Morte & World Premiere*  
(November 8)

### Kimmel Center

*National Geographic Live: On the Trails of Big Cats with Wildlife Photographer Steve Winter*  
(November 1)

### Kimmel Center

*AC2: Anderson Cooper and Andy Cohen*  
(November 3)

## ADDITIONAL EVENTS

### Gershman Philadelphia Jewish Film Festival

Various locations (November 3-18)

### Frieda

Check out this space at 320 Walnut St. It's filled with good food and arts and cultural activities (Mandarin Hebrew, Yiddish, drawing) and games (bridge, mah jong, backgammon). Frieda describes itself as a social start-up business with the goal to (re)connect generations. Phone: 215-600-1291. [www.friedaforgenerations.com](http://www.friedaforgenerations.com)



### Kimmel Center

*Fred J. Cooper Memorial Organ Demonstration*  
(November 10)

### Kimmel Center

*The Philly Pops – Storm Large*  
(November 9-11)

### Kimmel Center

*The Brian Setzer Orchestra's 15TH Anniversary Christmas Rocks Tour*  
(November 24)

### Newsletter Editorial Board:

Sherrill Cresdee, Kristin Davidson, Kapri Koflanovich, Dick Levinson, Harriette Mishkin, Marianne Waller

**Contributors:** Molly Lenowitz, Anna Meadows, Karen Orman

**Design and Layout:** Janet Burnham and Rose Fortese

## EDITOR'S COLUMN

When I first discovered Penn's Village, I was enthralled by the idea of doing something which I am passionate about for an organization that has good values and intentions. My name is Kapri Koflanovich and I am honored to be the journalism intern at Penn's Village through December 2018. As a current junior in college, I hoped for an internship this semester which not only combined work that I love such as writing and editing, but also an internship with an organization whose values matched my own. It is rare to find just one person with a compassionate soul, yet from the moment I began my work with Penn's Village, I have continually met wonderful people who dedicate themselves to helping others. I am currently a student at Arcadia University working towards obtaining my bachelor's degree in Integrated Marketing and Creative Writing with a minor in Spanish. I am very proud of the work we have all done in order to publish the newsletter that you are reading now. This November edition will lead you through a list of events happening in Philadelphia, interviews with some of Penn's Village's very own volunteers, the latest in books and movies, insight to bone health, and much more. Penn's Village has a talented group of volunteers and workers who helped make this November edition come to life and I would like to thank Janet Burham,

Sherrill Cresdee, Kristin Davidson, Rose Fortese, Molly Lenowitz, Dick Levinson, Anna Meadows, Harriette Mishkin, Karen Orman, and Marianne Waller for all of your hard work in the past several weeks. I am honored to have been chosen to work with these wonderful individuals and I look forward to what the future will bring.

### GET OUT AND VOTE NOVEMBER 6

Mid-term elections are in a few days and traditionally across the country, voter turn-out is very low. In Pennsylvania, we have many important federal and local races that we cannot ignore – senate, congress, governor, and state legislators. Our votes in Pennsylvania alone will impact public education funding, health care (opioid addiction prevention and treatment, legalized marijuana, Medicaid expansion), gambling (casino development), and gerrymandering of voting districts in 2022. So, make your plan to Vote, bring a neighbor, call a friend, and CAST YOUR BALLET on November 6!



#### Connect with Penn's Village:

p. 215-925-7333

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[www.pennsvillage.org](http://www.pennsvillage.org)

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*A very sincere thank you to The First Presbyterian Church for generously providing space to Penn's Village and for always being there for us.*